













Dipping Sauce Hack

Ingredients:

- 3 tablespoons B-well Sandwich Spread
- 2 tablespoons B-well Thick & Creamy Mayonnaise
- 1 tablespoon Greek yoghurt
- 1 teaspoon honey
- A pinch of mild paprika or garlic powder
- Chopped parsley or chives (optional, for a touch of colour)

Transform snack time into a flavour adventure with this creamy B-well dip - perfect for dunking veggies, and turning ordinary meals into extraordinary creations that kids will devour! Plus it's backed with goodness that supports heart and brain function so a win all round.

Instructions:

- In a bowl, mix together the sandwich spread and mayonnaise.
- Add Greek yoghurt.
- 3. Stir in the honey until well combined and adjust sweetness to taste.
- 4. Add the pinch of mild paprika or garlic powder for added flavour.
- 5, For a hint of tanginess, add a splash of lemon juice.
- 6. Garnish with chopped parsley or chives for visual appeal.

